

BURRELL COLLEGE OF OSTEOPATHIC MEDICINE

STANDARD OPERATING PROCEDURES

COVID -19 Exposure/Containment Plan		SOP #: GA.007.09
Effective Date	6.5.2020	
Last Revision/Review	3.17.2021	

1. Purpose

To inform the College community on procedures related to COVID-19 exposure and containment in a College facility.

See SOP GA.011 for Exposure Response Plan for Students on Clinical Rotation

2. Related Policy/Authority

State of New Mexico Executive Orders
NM Department of Health Guidelines
CDC Guidelines
OSHA Guidelines

3. Faculty/Staff Responsibilities

Asst. VP of Administration, Director of Compliance, HR, SA

4. Definitions and Abbreviations

- 1) Definitions per <https://www.cdc.gov/coronavirus/>
 - a) Quarantine: used to keep someone who might have been *exposed* to COVID-19 away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.
 - b) Isolation: used to separate people infected with the virus (those who are *sick* with COVID-19 and those with no symptoms) from people who are not infected. People who are in isolation should stay home until it's safe for them to be around others.
 - c) Exposure: household contact or having close contact within 6 feet and 15 or more minutes of an individual with confirmed COVID-19. The timeframe for having contact with an individual includes the period of time of 48 hours before the individual became symptomatic or received a positive COVID-19 test (if asymptomatic). The College is following NMDOH exposure definition: less than 6 feet and 15 or more minutes.
- 2) Abbreviations
 - a) HR – Office of Human Resources
 - b) SA – Office of Student Affairs
 - c) NMDOH – New Mexico Department of Health
 - d) NMED – New Mexico Environmental Department

5. Procedural Steps

- 1) Exposure Containment and Response Plan
 - a) If an employee or student has a confirmed diagnosis of COVID-19, symptoms associated with COVID-19, or has exposure to someone with confirmed COVID-19, the employee or student is required to contact the College. If an employee or student has a confirmed diagnosis of COVID-19, the employee/student must also contact the NM Department of Health.

BURRELL COLLEGE OF OSTEOPATHIC MEDICINE

STANDARD OPERATING PROCEDURES

- i) Employees must IMMEDIATELY notify the Office of Human Resources (HR) and students must IMMEDIATELY notify the Office of Student Affairs (SA) and STAY HOME.
 - (1) If an employee notifies his/her supervisor, the supervisor must IMMEDIATELY contact HR immediately and refrain from further health questioning. The supervisor must maintain confidentiality.
 - (2) If a student notifies an employee, the employee must contact SA IMMEDIATELY and refrain from further health questioning. The employee must maintain confidentiality.
- ii) HR/SA will instruct the employee/student to STAY HOME. HR/SA will ask the employee/student to fill out an incident report form (<https://bcomnm.org/incident-report/>). HR or SA will immediately notify the Office of Compliance. The Office of Compliance will report any positive student cases to the NMHED and any employee positive cases to the NMED.
 - (1) AVP of Administration will review building access logs for contact tracing and determination of area closure and cleaning.
 - (2) AVP of Administration will identify the area utilized by sick person/potential exposed person. The area will be closed off by Facilities Director under directive from AVP of Administration until cleaning and closure protocol have been decided.
 - (3) If it is determined that the employee or student was in the building within the past 48 hours, the Office of Compliance will contact HR/SA with a list of exposed employees/students. The Office of Compliance will contact the individuals who have been exposed and notify them of the required quarantine per the NM DOH.
 - (a) HR or SA may file an incident report on behalf of someone exposed if deemed necessary.
 - (4) Cleaning and Closure Protocol
 - (a) If the individual has not been in the building within the prior 7 days, no additional cleaning measures are necessary.
 - (b) If the individual has been in the building within the prior 7 days, a closure, cleaning and disinfection of the of the area will occur as determined by AVP and Office of Compliance. These will be in accordance with regulatory guidelines.
 - (i) In the event the NMDOH recommends closure of the building, key card access will be turned off, and signage will be posted.
 1. In the event of building closure, only critical personnel will be allowed to enter, and must be approved by the AVP of Administration.
 2. A decontamination will be performed per regulatory guidelines.
 - (ii) The AVP will work with the Office of Compliance to notify Burrell community once the building is scheduled to re-open.
- b) If an employee or student identifies themselves as sick in a College facility:
 - i) Try to isolate in the nearest room and STAY PUT!
 - ii) The employee or student must immediately notify Security at 674-2299 who will then contact HR or SA.
 - iii) Upon notification, HR/SA should notify the Office of Compliance and AVP of Administration immediately.
 - (1) Office of Compliance or AVP of Administration will facilitate the individual's exit from the building; HR/SA will be consulted as necessary.
 - (2) AVP of Administration will conduct contact tracing and commence cleaning and disinfection measures of the areas in which the employee/student was located as recommended by regulatory guidelines.

- c) If an employee/student is in close contact with someone who has COVID like symptoms but has not yet been tested:
- i) Recommend self-monitoring for symptoms

2) Return to Work or Classes after Positive COVID-19 Diagnosis

Based on updated information published by the NMDOH on August 28, 2020, and to align with State and local guidelines that include time- and symptom-based considerations for resuming work following COVID-19 illness, the College will adopt the following addendum to its existing guidelines for faculty, staff, and students to resume work/learning activities after testing positive for COVID-19 as an alternative to requiring 2 negative COVID-19 tests 24 hours apart before re-entry:

Ending Self-Isolation if You Had COVID-19

1. For those with minimal/moderate symptoms and no severe immunosuppression¹:
 - At least 1 day (24 hours) has passed without a fever (and without the use of fever-reducing medications) and your symptoms have improved; AND,
 - At least 10 days have passed since symptoms first appeared.
 - Release to resume work/class furnished by your healthcare professional or NMDOH
2. For those with severe COVID-19 illness – you were hospitalized in an intensive care unit with or without mechanical ventilation (“severe illness”) – or have severe immunosuppression¹ you may end your self-isolation after:
 - At least 1 day (24 hours) has passed without a fever (and without the use of fever-reducing medications) and your symptoms have improved; AND,
 - At least 20 days have passed since symptoms first appeared.
 - Release to resume work/class furnished by your healthcare professional or NMDOH

If you tested positive for COVID-19 and never developed any symptoms, you can end your self-isolation 10 days after the date your test specimen was collected that resulted in your positive test. You will need to produce a release to return from your medical provider or NMDOH.

If you tested positive for COVID-19 and have a severe immunocompromising¹ condition without symptoms, you should wait at least 20 days after the date your test specimen was collected that resulted in your positive test before ending your self-isolation.

¹ Severe immunosuppression includes being on chemotherapy for cancer, untreated HIV infection with CD4 T lymphocyte count <200, combined primary immunodeficiency disorder, and receipt of prednisone >20 mg/day for more than 14 days. Other factors, such as advanced age, diabetes mellitus, or end-stage renal disease, may pose a much lower degree of immunocompromise and not clearly affect decisions about duration of isolation.

BURRELL COLLEGE OF OSTEOPATHIC MEDICINE

STANDARD OPERATING PROCEDURES

6. Reports/Charts/Forms/Attachments/Cross References

GA.006 COVID-19 Related Procedures

GA.0011 Exposure Notification Plan for Students on Clinical Rotation

7. Maintenance

BiWeekly or As Needed during the COVID-19 Situation

8. Signature

Signatures on File

3.17.2021

Jeff Harris, Assistant Vice President of Administration
Nina Nunez, Director of Compliance

Date

9. Distribution List

Internal/External

10. Revision History

Revision Date	Subsection #	Summary of Changes	New/ Cancellation/ Replacement Procedure? (if applicable)	Approval Date
6.17.2020	5	Step 2 (i) – Clarification		6.17.2020
6.29.2020	5	Step 1 b (i) – isolation area is nearest room.		6.29.2020
7.8.2020	1	Clarified the plan is for Exposure/Containment in a College owned or controlled facility. Added cross reference to GA.011 and Incident Report Form.		7.8.2020
7.13.2020	5	Step 2 – changed link to CDC guidelines for condition of return		7.13.2020
8.24.2020	5	Change in return to work/school clearance		8.30.2020
10.19.2020	4 and 5	Add abbreviations and update information on who is contacted at the state level is a COVID positive case in on campus		10.27.2020
3.10.2021	5	Changed 14 day quarantine to the Office of Compliance will notify quarantine requirements per the NM DOH.		3.10.2021
3.17.2021	4	Updated close contact from 3 minutes to 15 minutes per NM DOH guideline update		3.17.2021